

House of

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Seaburn

Lunch

House of Zen Specially Prepared Two Course Lunch Deal 12 noon - 3pm

Pick one starter or soup and
one main course for only **£11.95***

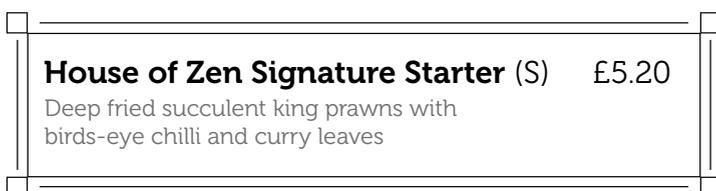
Prawn Crackers £2.30
Served with house special Thai sweet chilli dipping sauce

Soups and Starters

Royal Sweet Corn Soup £4.50
With fresh small diced chicken

Shanghai Style Hot and Sour Soup (S) £4.80
With fresh shredded chicken

Vegetarian Hot and Sour Soup (V) (S) £4.20
With shitake mushroom, black fungus and bamboo shoot



Dim Sum Platter £5.50
(freshly steamed, please allow 15 minutes)
Steamed prawn Har Gau dumpling & Pork Shumai in a bamboo basket,
served with chilli soya dip

Duck Salad (Highly Recommended) £5.80
With lambs lettuce, pine nuts and Pomelo in our homemade chilli
and coriander dressing

Sakura Salad (V) £4.50
With lambs lettuce, pine nuts and Pomelo in our homemade chilli
and coriander dressing

House Made Vegetarian Spring Roll (V) £4.20
Served with our homemade sweet chilli sauce

Supreme King Prawn Toast £5.20
Minced prawns smothered on toast and served with our homemade
sweet chilli sauce

Salt and Chilli Crispy Squid (S) £5.20
Stir-fried with fresh scallion, five spices and chilli

Salt and Chilli King Prawns (S) £5.20
Stir-fried with fresh scallion, five spices and chilli

Salt and Chilli Baby Ribs (S) £5.20
Small baby ribs of pork, tasty and tender

Crispy Filo King Prawns £5.20
Served with our homemade sweet chilli sauce

House Prepared Duck Samosa £5.20
Served with our homemade hoi sin sauce

Crispy Filo Chicken Strips £5.20
Served with our homemade sweet chilli sauce

Dragon Tail Ribs £5.80
Ribs of pork with honey plum glaze

Satay Chicken Skewers (S) £5.20
Chicken skewers served with our spicy satay sauce

Garlic Smoked Chicken £5.20

Deep Fried Crispy Shredded Beef Strips £5.80
in kumquat flavour sauce

Deep-Fried Chicken Dumplings £5.20

Deep-Fried Vegetarian Dumplings (V) £4.80

Edamame Bean (V) £4.20
Lightly salted, freshly blanched soya beans

Deep Fried Angry Soft Shell Crab (S) £5.80
Served with Japanese mayo

Crispy Duck with Crispy Pancake £5.20
Petite crispy pancakes layered with crispy duck and hoi sin sauce,
shredded lettuce and shaved bell peppers

Crispy Aromatic Duck 1/4 £11.45
(Two persons sharing)
With shredded scallion, cucumber, Hoi Sin sauce and traditional pancake

Zen Five Spice Duck Wings £5.20
Drizzled with house special honey plum glaze

Chicken Skewers (GF) £5.20
served with salad vegetables

Kings Prawn Skewers (GF) £5.80
served with salad vegetables

Main Courses

Singapore Vermicelli Noodle (S)	£8.50
Rice noodles fried with Char Sui (BBQ pork), King Prawns and vegetables	
Phad Thai Noodles	£8.50
with Chicken/Beef/King Prawn/Vegetables	
Nasi Goreng (S)	£8.50
Indonesian style fried rice	
Duck Salad	£8.50
With lambs lettuce, pine nuts and Pomelo in our homemade chilli and coriander dressing	
Kumquat Chicken	£8.20
Lightly battered diced chicken served in a rich velvety molasses style sauce with Kumquats and confit cherry tomatoes	
Paradise King Prawns	£8.50
Lightly battered with passionfruit mayo	
Chinese Roasted Duck	£8.80
Traditionally prepared, hung overnight then roasted in a duck furnace, duck is marinated in Chinese Angelica and herbs, served with roasted peanut	
Roasted Duckling with Plum Sauce	£8.80
Pan-Fried Rib Eye Steak Rolls with Asparagus	£8.80
Asparagus wrapped in sliced rib-eye steak, served with black pepper sauce	
Three Style Mushroom Stir-Fried (V)	£8.20
With asparagus, cloud ear (edible jelly fungus) and pine nut	
Sweet & Sour Chicken Hong Kong Style	£8.20
Classic Southern China flavour	
Honey Chilli Crispy Chicken (S)	£8.50
Crispy Chicken 'Peking Style' (S)	£8.20
Salt and Chilli Chicken (S)	£8.20
Salt and Chilli King Prawns/Squid (S)	£8.50
Malaysian Curry (S)	£8.20
Select from: Chicken / Beef / King Prawn / Assorted Vegetables	
Thai Red Curry (S)	£8.20
Select from: Chicken / Beef / King Prawn / Assorted Vegetables	
Thai Green Curry (S)	£8.20
Select from: Chicken / Beef / King Prawn / Assorted Vegetables	
Traditional Black Pepper (S)	£8.20
Select from: Chicken / Beef / King Prawn / Assorted Vegetables	
Thai Satay (S)	£8.20
Select from: Chicken / Beef / King Prawn / Assorted Vegetables	
Chilli Black Bean with Mushroom (S)	£8.50
Select from: Chicken / Beef / King Prawn	
Stir-fried Chicken Fillet with Teriyaki Sauce	£8.20
Stir-fried Shredded Duck with Teriyaki Sauce	£8.80
Stir-fried Chicken with Pineapple in Plum Sauce (GF)	£8.50
Stir-fried Assorted Asian Greens in Gluten Free Soya Sauce (V)(GF)	£8.20

All above main courses include fried rice, boiled rice(GF) or chips(GF). £1 extra with Yaki Ramen, salted chilli chips. except Nasi Goreng, Vermicelli Noodles and Phad Thai Noodles

Young Guests (Aged 10 and under) £5.45

Sweet & Sour Chicken with rice or chips

Mini Honey Crispy Chicken with rice or chips

Ramen Noodles with

a) Chicken b) Beef c) Asian Greens (V)

Egg Fried Rice with

a) Chicken b) Beef c) Asian Greens (V)

(S) Spicy (V) Vegetarian (GF) Gluten Free

Other dishes may contain traces of nuts, please ask your server.

Menu content and prices are indicative, and subject to change without notice

A discretionary service charge of 10% will be added to your bill for party of six persons or more.

***Not available during the month of December and Bank Holidays**

Allergens

Guests with allergies and intolerances should make a member of the team aware, before placing an order for food or beverages.

Guests with severe allergies or intolerances should be aware that although all due care is taken, there is a risk of allergen ingredients still being present.

Please note, any bespoke orders requested cannot be guaranteed as entirely allergen free and will be consumed at the guests own risk.

Management reserve the right to refuse service.



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