

House of

zeo

Seaburn

Menu



### Our Menu

Our menu is based on Asian Fusion cuisine, which involves a host of interesting ingredients, flavours and preparation techniques. Many of our dishes will be comprised of familiar basic ingredients, but will have an exquisite finished look and taste, that is totally fresh and new!

Our drinks menu is full of traditional wines, beers and spirits, with an outstanding array of cocktails on offer. At House of Zen, we pride ourselves on providing a high level of customer service with a relaxing and unique ambience and we hope that you have an outstanding dining experience with us.

As we use a wide range of cooking styles at House of Zen, with the majority of our freshly sourced ingredients cooked to order, your meals may not always arrive simultaneously. We would be most grateful if parties could please make allowance for this at time of ordering.

### Hire the Restaurant

At House of Zen, we have extensive knowledge of event management and the restaurant can be hired for wedding parties, private functions and corporate events. Each event can be tailored to your specific needs.

### Allergies

Guests with allergies and intolerances should make a member of the team aware, before placing an order for food or beverages.

Guests with severe allergies or intolerances should be aware that although all due care is taken, there is a risk of allergen ingredients still being present.

Please note, any bespoke orders requested cannot be guaranteed as entirely allergen free and will be consumed at the guests own risk.

Management reserve the right to refuse service.

### Vouchers

Stuck for an idea for a gift for that special person? House Of Zen vouchers can be purchased in multiples of £10, £20 and £50.

Service is not included in our prices but for parties of 6 or more and smaller groups using our booths, a discretionary service charge of 10% will be added to your total bill.

Most major debit and credit cards accepted.



 [www.houseofzenseaburn.com](http://www.houseofzenseaburn.com)

 Find us on facebook: [www.facebook.com/houseofzenseaburn](http://www.facebook.com/houseofzenseaburn)

 Follow us on Instagram: [@houseofzenseaburn](https://www.instagram.com/houseofzenseaburn)

House of Zen Seaburn is the latest addition to the group of contemporary Asian restaurants owned by renowned Northern Ireland entrepreneur, Eddie Fung.

Other restaurants within the portfolio include the successful House of Zen, based in Belfast's buzzing Cathedral Quarter and the exclusive Japanese eaterie, Zen Belfast.



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Belfast, BT1 2LR  
T: 028 9027 8688  
[www.houseofzenbelfast.co.uk](http://www.houseofzenbelfast.co.uk)



55-59 Adelaide Street  
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[www.zenbelfast.co.uk](http://www.zenbelfast.co.uk)

**BAR 88**  
RESTAURANT  
SEABURN

**BAR 88 SEABURN IS A DESTINATION IN ITS OWN RIGHT WITH BREATH-TAKING SEA VIEWS ALONG THE NORTH SEA COAST. A PERFECT PLACE TO MEET FRIENDS, GO ON A DATE, ENJOY PRE-DINNER DRINKS BEFORE DINING AT OUR SISTER RESTAURANT HOUSE OF ZEN OR PARTY THE NIGHT AWAY.**

**OUR EXPERIENCED BAR STAFF AND MIXOLOGISTS HAVE CREATED AN EXCITING, CONTEMPORARY COCKTAIL MENU FULL OF EXPERIMENTAL FIZZES AND FIXES INCLUDING 'THE ANCHOR' OUR SIGNATURE COCKTAIL AND LIMITED EDITION COCKTAILS SERVED ALONG WITH A FULL BAR EVERY DAY FROM 12PM.**

**OUR TEMPTING TAPAS MENU IS IDEAL FOR A PRE-DINNER NIBBLE, WHILE THERE ARE OTHER MORE SUBSTANTIAL OPTIONS TO ACCOMPANY AN ALL-NIGHT PARTY.**

**BAR 88 IS PROUD TO BE A DOG FRIENDLY ESTABLISHMENT EVERY DAY WITH EXCEPTION OF SATURDAY EVENING FROM 4PM.**

## Prawn Crackers

Served with house special Thai sweet chilli dipping sauce

£2.80

## Set Menu A £22.95 per person

### Starters

Please  
choose  
one

#### Crispy Aromatic Duck

(Minimum 2 persons)

or

#### House of Zen Deluxe Platter

(Minimum 2 persons)

or

#### Baby Gem Lettuce Wraps (V)(S)(GF)

### Main course

#### Paradise King Prawns

with passion fruit mayonnaise

#### Honey Chilli Crispy Chicken (S)

#### Thai Satay Chicken / Beef / King Prawn or Assorted Vegetables (S)

#### Malaysian Curry Chicken / Beef / King Prawn or Assorted Vegetables (S)

#### Roasted Duckling with Plum Sauce

#### Sticky Sweet & Sour Chicken

#### Tofu Stir-Fried with Asian Greens (V)

#### Stir-fried Sliced Chicken with Pineapple in Plum Sauce (GF)

### Side dishes

Boiled Rice (GF), Egg Fried Rice, Chips,  
Yaki Ramen (£1 Extra)

### Desserts

Choose one from our dessert menu

(S) Spicy (V) Vegetarian (GF) Gluten Free

There may be traces of nuts in many of our dishes.

## Set Menu B £26.95 per person

### Starters

Please  
choose  
one

#### Crispy Aromatic Duck

(Minimum 2 persons)

or

#### House of Zen Deluxe Platter

(Minimum 2 persons)

or

#### Crispy Duck Salad

(Minimum 2 persons)

or

#### Baby Gem Lettuce Wraps (V)(S)(GF)

### Main course

#### House of Zen Signature Dish (S)

Pan-grilled marinated diced fillet steak Cantonese style

#### Chinese Roasted Duck

Traditionally prepared, hung overnight; our duck is marinated in Chinese Angelica with herbs and roasted, served with roasted peanuts

#### Spicy King Prawns (S)

Wok-fried king prawns with chilli pepper and almonds

#### Deep-fried Sliced Monkfish Tail

With sweet and sour pomegranate Tangyang sauce

#### Kumquat Chicken

Lightly battered diced chicken, served in a rich velvety molasses style sauce with kumquats and confit cherry tomatoes

#### Five Spice Cumin Spicy Lamb (S)

Served with steamed buns

#### Malaysian Curry Chicken / Beef / King Prawn or Assorted Vegetables (S)

#### Three Style Mushroom Stir-Fry (V)

With asparagus, cloud ear (edible jelly fungus) and pine nuts

#### Stir-fried King Prawns with Assorted Vegetables in Gluten Free Soya Sauce (GF)

### Side dishes

Boiled Rice (GF), Egg Fried Rice, Chips,  
Yaki Ramen (£1 Extra)

### Desserts

Choose one from our dessert menu

(S) Spicy (V) Vegetarian (GF) Gluten Free

There may be traces of nuts in many of our dishes.

**Prawn Crackers** £2.80  
Served with house special Thai sweet chilli dipping sauce

## Soups

**Royal Sweet Corn Soup** £4.90  
With fresh small diced chicken

**Shanghai Style Hot and Sour Soup (S)** £4.90  
With fresh shredded chicken

**Vegetarian Hot and Sour Soup (V) (S)** £4.60  
With shitake mushroom, black fungus and bamboo shoots

**Thai Tom Yam Chicken Soup (S)** £4.90  
Thin in consistency, hot and spicy with lemongrass, Kaffir lime leaf and galangal

**Thai Tom Yam King Prawn Soup (S)** £4.90  
Thin in consistency, hot and spicy with lemongrass, Kaffir lime leaf and galangal

## Starters

**House of Zen Deluxe Platter** £11.95  
(For two sharing)

Deep Fried Chicken Dumplings, Honey Plum glazed five spice Duck Wings, filo King Prawns and Spring Rolls

**House of Zen Signature Starter (S)** £6.80  
Deep fried succulent king prawns with birds-eye chilli and curry leaves

**Dim Sum Platter** £10.95  
(For two sharing)

(Allow 15mins waiting time)

Steamed prawn Har Gau dumplings & Pork Shumai in a bamboo basket, served with chilli soya dip

**Dim Sum – Xiaolongbao** £5.80

Classic Chinese steamed juicy pork bun from the Jiangnan region. We suggest you eat this with a spoon.

**Dim Sum - Chicken Siu Mai** £5.80

Modern twist of the classic China Cantonese Steam Pork Siu Mai, retaining the traditional look and taste. Classic, but different!

**Crispy Aromatic Duck 1/4** £11.95

House blended Chinese spices marinated shredded duck served with scallion, cucumber, Hoi Sin sauce and traditional pancake

**Crispy Duck Salad** £11.50  
(Enough for two people)

Lamb lettuce, pine nuts and pomelo and house chilli and coriander dressing

**ZEN Five Spice Duck Wings** £5.80

Drizzled with our special honey plum glaze

**Sakura Salad (V) (S)** £5.80

Lamb lettuce, pine nuts and pomelo and house chilli and coriander dressing

**House of Zen Spring Roll (V)** £5.80

Served with house Thai sweet chilli sauce

**Baby Gem Lettuce Wrap (V) (S)** £6.20

Filled with stir-fried spicy black bean assorted mushrooms and Asian greens

(S) Spicy (V) Vegetarian (GF) Gluten Free

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## Starters

- Supreme King Prawn Toast** £6.80  
Minced King Prawns smothered on toast served with house Thai sweet chilli sauce
- Salt & Chilli King Prawns / Squids / Chicken (S)** £6.20  
Stir-fried with fresh scallion, house blended spices and chilli
- House prepared Duck Samosa** £6.20  
Served with our homemade hoi sin sauce
- Crispy Filo Chicken Strips** £6.20  
Served with house Thai sweet chilli sauce
- Dragon Tail Ribs of Pork** £6.80  
Dressed with Honey and plum glaze
- Satay Chicken Skewer (S)** £6.20  
served with salad vegetables and house special spicy satay sauce
- Garlic Smoked Crispy Chicken** £6.20
- Deep Fried Crispy Shredded Beef Strips** £6.20  
Dressed in Kumquat flavour sauce
- Deep-Fried Chicken Dumpling** £6.20
- Deep-Fried Vegetables Dumpling (V)** £5.80
- Edamame Beans (V)** £4.50  
Lightly salted freshly blanched soya beans
- Crispy Duck with Crispy Pancake** £6.80  
Petite crispy pancakes layered with crispy duck and hoi sin sauce, shredded lettuce and shaved bell peppers
- Homemade Thai Salmon Fish Cakes** £6.80  
Served with house Thai sweet chilli sauce
- Salt & Chilli Baby Ribs (S)** £6.80  
Tasty and tender baby ribs of Pork
- Salt & Chilli To-Fu (V) (S)** £5.80  
Stir-fried with fresh scallion, house blended spices and chilli
- Deep Fried Angry Soft-Shell Crab (S)** £7.20  
Served with Japanese mayo
- Crispy Filo King Prawns** £6.80  
Served with house Thai sweet chilli sauce

## Mains

- House of Zen Signature Dish (S)** £16.80  
Pan-fried diced fillet steak Cantonese style
- Kumquat Chicken** £12.80  
Lightly battered diced chicken served in a rich velvety molasses style sauce with kumquats and confit cherry tomatoes
- Five Spice Cumin Spicy Lamb (S)** £13.80  
With steamed buns
- Pork 'Kakuni'** £11.80  
Slow braised pork belly that literally melts in the mouth with sweet potato & Asian Pak Choi
- Spicy King Prawns (S)** £13.80  
Wok-fried King Prawns with chilli pepper & almond
- Deep Fried Sliced Monkfish Tail** £16.80  
With sweet & sour pomegranate Tang yang sauce

(S) Spicy (V) Vegetarian (GF) Gluten Free

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## Mains

**Paradise King Prawns** £13.80

Lightly battered with passion fruit mayonnaise

**Chinese Roasted Duck** £13.80

Traditionally prepared, hung overnight and roasted in a duck furnace. Duck is marinated in Chinese Angelica and herbs. Served with roasted peanuts

**Roasted Duckling with Plum Sauce** £13.80

**Fresh Sea Bass Fillet (S)** £14.80

Lightly battered and wok-fried with curry leaf, red chilli and garlic

**Zen Buddha's Monk Assorted Vegetables Delight (V)** £10.90

Stir-fried asparagus, Sacred Lotus roots, button straw mushrooms, carrot and tofu

**Wok-fried Diced Duck 'Kung Po' Style (S)** £13.80

**Pan-Fried Rib Eye Steak Rolls with Asparagus** £16.80

Asparagus wrapped in sliced rib-eye steak, served with black pepper sauce on sizzling plate

**Crispy Shredded Beef 'Peking Style' (S)** £13.80

**Stir-Fried Chicken with Thai basil & cashew nuts** £12.80

**Stir-Fried Shredded Duck in Japanese Teriyaki Sauce** £13.80

**Steamed Salmon in Japanese Teriyaki Sauce** £14.80

**Salmon Fillet with Medium Hot Curry (S)** £14.80

Pan-fried salmon fillet served over a medium-hot curry with roasted sweet potato and aubergine

## Classic Asian cuisine

**Sticky Sweet & Sour Chicken** £11.80

**Sticky Sweet & Sour King Prawns** £13.80

**Honey Chilli Crispy Chicken (S)** £12.80

**Crispy Chicken 'Peking Style' (S)** £12.80

**Salt and Chilli Chicken (S)** £12.80

**Salt and Chilli King Prawns or Squid (S)** £13.80

**Malaysian Curry (S)** £11.80  
Select from: Chicken / Beef / King Prawn / Special / Assorted Vegetables

**Thai Red Curry (S)** £11.80  
Select from: Chicken / Beef / King Prawn / Assorted Vegetables

**Thai Green Curry (S)** £11.80  
Select from: Chicken / Beef / King Prawn / Assorted Vegetables

**Traditional Black Pepper (S)** £11.80  
Select from: Chicken / Beef / King Prawn / Assorted Vegetables

**Thai Satay (S)** £11.80  
Select from: Chicken / Beef / King Prawn / Tofu / Assorted Vegetables

**Chilli Black Bean with Mushroom (S)** £11.80  
Select from: Chicken / Beef / King Prawn

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**Classic  
Asian  
cuisine**

<b>Singapore Vermicelli Noodle (S)</b>	£11.50
<b>Phad Thai Noodles</b> with Chicken / Beef / King Prawn / Vegetables	£13.50
<b>Nasi Goreng (S)</b> Indonesian style fried rice served with satay chicken skewer	£13.50

**Side  
orders**

<b>Steamed Rice (GF)</b>	£3.00
<b>Egg Fried Rice</b>	£3.20
<b>Chips</b>	£3.00
<b>Yaki Ramen Noodles</b>	£4.20
<b>Wok-fried Asian Pak Choi (V)</b> with crispy garlic	£5.20
<b>Wok-fried Long Beans (V) (S)</b> with chilli flakes	£5.20
<b>Wok-fried Assorted Asian Greens (V)</b>	£5.20
<b>Garlic Diced Potatoes</b>	£3.20
<b>Salt and Chilli Chips (S)</b>	£3.80
<b>Seaweed</b>	£3.00

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'Chinese cooking is renowned throughout the world as it has a distinctive culinary style all of its own. It is rich and diverse, varies in style and also has different tastes from region to region. The emphasis is on fresh, seasonal ingredients, prepared with a minimum of fuss and beautifully balanced as far as colour, texture and presentation.

We are proud to be Taste Of Ulster members and as such, we pride ourselves on making sure our dishes are of the highest standard. All dishes on our extensive menu are freshly prepared and we use only the best Quality assured locally reared beef as well as fruit and vegetables that we source from reputable local producers and suppliers.

Our sauces are made by Chinese chefs using the finest ingredients who are respectful to tradition and to also providing delicious food that we know you will enjoy.'

Eddie Fung



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